



Dear LFMS Students:

We would like to invite you to fill out the Reflections form.

Please Note: just a few things regarding the rules of the Reflections Art Contest.

1. The Artist Statement communicates what inspired the work, how it relates to the theme, and the content of the work. The statement must include a minimum of 10 words, but may not exceed 100 words.
2. Visual Arts, Photography and Literature ONLY allows uploads of jpegs or pdf's.
3. Music Composition allows uploads of audio files and separate uploads of jpegs or pdf's for notation. File size is limited to 1000MB
4. Film Production and Dance Choreography ONLY allows uploads of video files. File size is limited to 1000MB.
5. Full details of the [rules](#) for each art category. [See Page 2.](#)
6. The deadline for entries is Monday, September 21, 2020.

Here is the link to the entry form: <https://forms.gle/4J9CSRyi2ESXK6kH6Ps9267>

Thank You and Good Luck!

Should you have questions or if you get stuck, please contact:

LFMS Reflections Chair - Anat Bombet - abombet@gmail.com -OR-

LFMS Reflections Co-Chair - Carna Ahmadzai - carna.ahmadzai@gmail.com,

Reflections Rules

Use the arts to share your personal *Reflections* on this year's theme: **I Matter Because...**

Virtual Online Submissions are due to LFMS.Reflections@gmail.com by Mon. 9/21/20

Experienced artists will review your work for interpretation of theme, creativity and technique.

We look forward to celebrating your artistry and achievement in the arts!

Dance Choreography: Solo and ensemble works of all dance styles are accepted. Entrant must be the choreographer and may also be the performer, or one of the performers. If background music is used, cite it on the entry form. **Video** file must not exceed 5 minutes in length and 1,000 MB (1,000 megabyte) in file size and be in MP4 or AVI format.

Film Production: Accepted short film styles include: Animation, narrative, documentary, experimental or media presentation. Use of PowerPoint is prohibited. Entrant must be the screenwriter, cinematographer, editor and producer. If background music is used, cite it on the entry form. **Video** file must not exceed 5 minutes in length and 1,000 MB (1,000 megabyte) in file size and be in MP4 or AVI format.

Literature: Accepted forms of fiction and nonfiction include: Prose, poetry, reflective essay, screen play and play script, narrative, and short story. Entrants may write in their primary language as long as an interpretive English translation is also attached. Use of copyrighted material is prohibited. **Writing** must not exceed 2,000 words and may be handwritten or typed. Accepted formats: Single-sided print on 8 ½x11" paper, PDF file.

Music Composition: All music styles and combinations of instrumentation are accepted. Entrant must be the composer and may also be the performer, or one of the performers. Use of copyrighted material is prohibited. **Audio** recording must not exceed 5 minutes in length and 1,000 MB (1,000 megabyte) in file size. Accepted audio file formats include: MP3 and WAV. **Notation** (score/tablature) in PDF format is only required for middle and high school divisions.

Photography: Photo must be a single print/digital image. Collages and collections of photos are not accepted. Entrant must be the photographer and may use a variety of digital editing techniques including but not limited to, multiple exposure, negative sandwich and photogram. Use of copyrighted material is prohibited. **Print** image dimensions must be no smaller than 3x5 inches and no larger than 8x10 inches. Accepted print formats: Mounted on mat or poster board no larger than 11x14 inches. Framed prints are not accepted. **Digital** image dimensions must be at least 640x960 (pixels) and 300 dpi (resolution). Accepted file formats: JPEG, JPG, and PNG.